



## Referral to Inclusion Matters Project

### INCLUSION MATTERS

Aims to make it easier for residents of Cornwall to find out the information and advice they need to increase their well-being, stay healthy, get active and increase their connection to their community.

#### Specialist support:

Inclusion through our specialist support, we can help with things like fuel poverty, employing a personal assistant, getting back to work or linking in with a wellbeing volunteer.

#### Support after a hospital stay:

Support to get back home. Our Hospital Discharge Officer can support with an action plan, a holistic personalised assessment of need so that recovery and recuperation can go smoothly. Organise a wellbeing volunteer.

#### Community Support:

Community asset team offer support and training to community groups to help access funding, build skills and capacity, link up support needs and expand reach of community resources.

**Get online:** Supporting the first steps towards getting online, develop confidence and skills in order to gain all the benefits of digital technology.

**Get involved:** There are a number of ways people can get involved with Inclusion Matters such as volunteering, assisting our Community Coaches or identifying a volunteering opportunity.

### Who is being referred

Name	Address	Email	Phone number

### What is the primary support need

	Please indicate
Community Coach	
Wellbeing Volunteer support	
Hospital Discharge Support	
Digital Support	
Volunteering opportunity	
Other Please describe below	

### Has Consent been agreed

Has the person being referred given explicit consent	Yes	No
Please note to progress a referral consent must be established		

### Relevant information

Please Use this Space to include any information to support your Referral.

Please send completed referral to [inclusion@cornwallrcc.org.uk](mailto:inclusion@cornwallrcc.org.uk)